

## ADVANCE SKIN REJUVENATION

Dr H Yeang *MBChB MRCP MBAD* holds monthly clinics at SPA DALMENY with treatments including:

*Sculptra – Facial Volume Enhancer  
Rejuvenating Dermal Roller  
Muscle relaxants*

*Restylane Fillers and Vital hand rejuvenation  
Lip restoration & enhancements  
Mesotherapy vitamin injections  
Glycolic facial peels*

Call 01253 716010 for a consultation.  
Prices on request. Deposit required in advance.

## TREATMENTS FOR MEN

Express facial	£26	25 mins
Aromatic facial	£41	55 mins
Aroma body massage	£41	55 mins
Aroma back massage	£26	25 mins
Swedish body massage	£41	55 mins
Swedish back massage	£26	25 mins
Chest wax	from £15	30 mins
Chest and back wax	from £30	30 mins
Manicure	£20	45 mins
Pedicure	£25	60 mins
St Tropez Ultimate Air Body Tan	£20	30 mins

## PERFECT PACKAGES

### The Spa Dalmeny Sampler

*Express facial  
Aroma back massage  
Express manicure  
Express pedicure*  
2 hours - £80

### Full Day Retreat

*Body envelopment  
Aroma Expert facial  
Manicure and Pedicure*  
Package also includes a light lunch  
4 hours and 45 mins - £160

### Half Day of Excellence

*Full body scrub  
Aroma full body massage  
Express facial*  
File and polish on hands and toes  
2 hours 30 mins - £100

### Gentleman's Luxury package

*Full body massage  
Express facial  
Head massage*  
2 hours - £80

*All treatments include use of the pool,  
sauna and steam rooms.  
Towel and locker keys provided*

### Signature Treatment

*Body Envelopment  
with full body Hot Stone Treatment*  
2 hours and 30 mins - £110

*Special accommodation rates  
are available in conjunction with  
spa packages.*

**GIFT VOUCHERS ARE AVAILABLE PLEASE ASK FOR DETAILS**



DECLÉOR  
PARIS  
GOLD SALON



## PRICE LIST

### PURE RELAXATION

Open daily 9am-8.30pm  
t: 01253 716010  
e:spa@dalmenyhotel.co.uk

dalmeny  
HOTEL

SOUTH PROMENADE,  
ST ANNES ON SEA, LANCS FY8 1LX  
t: 01253 712236  
www.dalmenyhotel.co.uk

dalmeny  
HOTEL

## DECLOR FACIALS

### Express

An express treatment to give your skin an instant boost.

Price	Duration
£26	25 mins

### Aromaplastie Facial

A multi-active, 100% natural treatment tailored to all skin types.

£41	55 mins
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### Aroma Expert Facial

Using highly targeted active ingredients this facial is tailored to suit individual skin types, includes a diagnostic back massage.

£50	70 mins
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### Anti Ageing Facial

To plump and re-vitalise, leaving the skin visibly glowing and feeling firmer, includes a diagnostic back massage.

£55	85 mins
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### Alpha Peel

Deep exfoliation that gives you a healthy glow and eliminates dead skin.

£28	25 mins
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### Vital Eyes to include mini facial

A unique, intensive eye treatment that melts away tension. The feeling of puffiness and appearance of dark shadows are reduced and all traces of fatigue are diminished.

£31	40 mins
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Add on Vital Eyes to Aromaplastie Facial, Aroma Expert Facial or Anti-ageing facial: £10

## TANNING

### Declor Dream Tan

including full body scrub and application of tan

Price	Duration
£45	60 mins
£25	30 mins

### St Tropez Ultimate Air Spray Tan

£20	30 mins
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## ADVANCE FACIALS

### Crystal Clear

Highly effective deep exfoliation using micronised crystals. Skin is instantly smooth and fresh with lines, wrinkles and pigmentation reduced.

Price	Duration
£45	30 mins
£55	60 mins

#### Crystal Clear Flash

Crystal Clear Deluxe  
Buy a course of 5 Crystals and get 1 free

### Perfector Lift

Non-surgical face lift A structured six stage anti-ageing treatment using special combinations of micro-current, frequency and waveform. Buy a course of 5 Perfector and get 1 free

£46	75 mins
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## SPA BODY

### Body Exfoliation

This complete exfoliation will cleanse and invigorate the body. It can be used in isolation to remove dead or dry skin, or as a preparation for a treatment.

£26	30 mins
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### Body Envelopment

This treatment includes:

- o Body exfoliation to leave the skin refined
- o Deep tissue massage using aromatic balm
- o Sauna mask - applied to the body and wrapped in heated blanket to release toxins
- o Scalp massage - using acupressure points to release tension and stress

£65	85 mins
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Choose from: Relax, Flow, Detox or Tonic

### Aroma Massage

Using essential oils, this is a deeply relaxing massage for the body to relax, unwind and de-stress.

£41	55 mins
£26	25 mins
£26	25 mins

### Double Aroma Massage

With two therapists - Full body

Price	Duration
£90	55 mins

### Swedish Massage

The original massage technique involving working superficially and deeper into the tissue layers.

Full body massage  
Back massage

£41	55 mins
£26	25 mins

### Reflexology

£30	60 mins
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### Hopi Ear Candles

£30	60 mins
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### Perfect Slim Effect

Results driven, to sculpt and contour problem areas such as hips, thigh and buttocks. A blend of oil and spices are used to polish and perfect the skin. The treatment is then followed by an intensive massage to eliminate toxins or help tone and firm using special slim effect products to leave the body feeling smooth.

£55	55 mins
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### Mother-to-Be

A deeply soothing top-to-toe treatment which improves skin elasticity and helps prevent stretch marks. An express facial is included, the treatment is tailored to your individual needs.

£50	75 mins
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### Indian Head Massage

Releases the stress in the tissues, muscles and joints of the upper body by using a range of different movements over the neck, shoulder and scalp areas. Especially good for relieving insomnia, headaches, migraine and sinusitis.

£26	25 mins
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### Hot Stone Therapy

Hot Basalt Stones are arranged and massaged over the body to help de-congest and detoxify leaving a feeling of well being and deep relaxation.

£35	25 mins
£55	75 mins

## NAILS

using Jessica Zen Spa products

Jessica Manicure	£20	45 mins
Jessica Luxury Manicure	£30	75 mins
Jessica Pedicure	£25	60 mins
Jessica Luxury Pedicure	£30	75 mins
French Manicure	£24	45 mins
French Pedicure	£29	60 mins
Jessica Geleration for hands & toes	£25	60 mins
Removal of Jessica gels and tidy-up	£15	30 mins

### Electrolysis

Using Gold Needles

£20	30 mins
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### Ear Piercing

£20	
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## PERSONAL BEAUTY WAXING

### Using Gold Wax

Half Leg	£18	
3/4 Leg	£22	
Full Leg	£25	
Bikini	£10	
Extended Bikini	£15	
Forearm	£15	
Under Arm	£10	
Lip or Chin	£8	
Lip and Chin	£12	
Eyelash Tint *	£11	* Tinting requires a patch test
Eyebrow Tint *	£10	* 24hrs prior to treatment
Eyelash/Brow Tint *	£16	
Eyelash/Brow Tint/Shape *	£22	
Eyebrow Shape	£7	

### Using Hot Wax

Bikini	£18
Eyebrow shape or upper lip	£10
Extended Bikini	£19
Brazilian	£22
Hollywood	£35

Treatments are subject to availability. To avoid disappointment please make your appointments well in advance, particularly for Fridays, Saturdays and Sundays. Please arrive 5 minutes prior to your appointment to allow time to complete a consultation card. Please note that should you arrive late for your appointment, regrettably your treatment time will be reduced accordingly (with no reduction in cost) so as not to impact on the treatment time of our next client. Some treatments may not be suitable for pregnant ladies. Please speak to the Spa receptionist or a therapist for advice. The majority of our treatments are suitable for gentlemen. Most of our treatment and beauty products are available for purchase. Your therapist will be able to advise you. For all treatments in excess of £40 a 50% deposit will be required. CANCELLATIONS: There will be a charge of 50% of the full cost of any treatment if appointments are cancelled within 24 hours of the agreed appointment time